

Wendy Mosqueda, M.A.
Licensed Marriage and Family Therapist

CLIENT POLICY LETTER

CLIENT'S INFORMED CONSENT: I am choosing to receive psychotherapeutic services from Wendy Mosqueda, M.A., MFT. I understand that the above mentioned therapist is an individual practitioner engaging in a private practice business. My choice is voluntary and I understand that I may terminate the process of therapy at any time. I understand that there is no assurance that I will feel better. Given that psychotherapy is a cooperative effort between the therapist and me, I will work with the therapist in a cooperative manner to resolve any issues that I am seeking therapy for. I understand that during the course of my treatment, material may be discussed that may be upsetting in nature, however, may be necessary to be discussed to help me resolve the issues I am seeking treatment for.

CONSULTATION: I understand that my therapist may seek consultation with another licensed professional to provide me with the best possible treatment.

CONFIDENTIALITY: All information between the therapist and client is held strictly confidential, unless: 1) the client has provided a signed consent to exchange information with a specified entity or individual; 2) there is an imminent risk of physical harm to self or others; 3) there is the suspicion of abuse towards a child or dependent adult; 4) there is a court-order requiring that the therapist releases information. Please be aware that for items 3 & 4, the therapist is required by law to inform the potential victims and/or the appropriate legal authorities.

FEES: Fees vary depending on the type of service rendered. Individual therapy sessions are \$150; couple's therapy sessions are \$170; and family sessions are \$180. Sessions are 45-50 minutes in length. Fees are due at the beginning of each session. Payments can be made in cash, check, or credit card. Checks returned by the bank are subject to a \$25 processing fee. Special financial arrangements due to hardship can be made upon request.

COURT FEES: Fees for court appearances are \$200 per hour for a two hour minimum –should these be within Santa Clara County. Outside of the above-mentioned county, an hourly rate of \$200 per hour for travel time will be charged.

INSURANCE: At this time, I do not accept insurance. However, a statement of services rendered can be provided for you to submit to your insurance.

CANCELLATIONS: Any cancellations without a 48-hour notice will be considered a missed appointment, and are subject to fees equivalent to the type of session scheduled.

I have read the information above and agree with the conditions stipulated.

Printed Name

Signature

Therapist

Date